



# Georgia

DISCOVER LEADERSHIP,  
EXPERIENCE ACHIEVEMENT

## Parent Orientation Packet

# Welcome to C5 Georgia!

Prepare to embark on one of the most exciting and rewarding journeys of your life! Keep in mind that we consider many applicants for the 2027 cohort, and we are proud to have you on either our Selected, or Waiting List. Based on your interview, personal statement, nominations, and leadership character, we believe you have what it takes to be an outstanding leader in C5, and we look forward to a mutually beneficial experience.

CONGRATULATIONS!

Please read everything in this packet. The information enclosed will help you prepare for your summer with C5 Georgia. It is important to us that you have a positive camp experience. If you are informed ahead of time about our camp, it will help you make a smooth transition, and enjoy everything our program has to offer!

Welcome!

*The C5 Georgia Staff*



# About C5 Georgia Youth Foundation

## Mission

Change the odds of success for high potential teens from under-resourced communities by inspiring them to pursue personal success while preparing them for leadership roles in college, work, and their communities.

## Signature Summer Experiences

There are 5 Summer programs in C5.

3 Summer Experiences take place out of Camp Adahi:  
Flint, Lantern and Hammer.

- Flint program is geared towards first year (rising 8th graders)
- Lantern Program is geared towards second year (rising 9th graders)
- Hammer Program is geared towards third year (rising 10th graders)

Each year is a progressive experience which builds upon the skills and knowledge gained in the previous year.

Each year has a Leadership University, Social Awareness and Outdoor Adventure component.



# Flint Year - Leading Myself

## Camp Leadership University (Part 1)

Youth attend camp for a 4 week session where they learn and practice fundamental leadership skills, build friendships, and challenge themselves in a positive, supportive environment.

### Focus:

- Positive C5 Culture & Values
- Defining Community & Service
- Identifying Strengths & Weaknesses
- Stereotypes & Media Pressures
- Goal Setting & Decision-making

### Summer Excitement:

- Adventures like Canoeing & Climbing
- "Masquerade Ball"
- Leadership U. & "Social Awareness"
- Archery & Swimming

# Lantern Year- Leading Others

## Camp Leadership University (Part 2)

Youth return to camp & continue to learn and practice leadership skills. The second summer emphasizes greater challenges and expanded leadership responsibilities within the C5 Community.

### Focus:

- Coaching & role modeling
- Personality & work styles
- Meeting & budget management
- Critical thinking skills
- Public speaking & first impressions

### Summer Excitement:

- 5-day Adventure Trek (hiking, biking, etc.)
- Daily Leadership U. Sessions
- Leadership Challenges
- Big/Little mentor Program

# Hammer Year - Expanding My Horizons

## Bridges Leadership Challenge

Youth spend their third summer experiencing a week at camp before traveling for a 10 day backpacking and adventuring trip. Leadership skills learned during prior years are applied to real challenges.

### Focus:

- Connecting C5 learning to future success
- Learning styles & multiple intelligences
- SMART Goal setting
- Leadership "Under Fire" case studies

### Summer Excitement:

- Real time Decision Making and Navigation
- 9-days backpacking with NOLS
- 4 days camping in Alabama

# Camp Programs

## Leadership University:

Leadership U is the signature leadership development curriculum for C5. The modules are used to introduce basic leadership concepts and to provide a framework for leadership learning throughout the camp day. Each session is designed to last 60-75 minutes and is taught regularly to the entire class group. As such it serves as an opportunity for the class to bond and learn how to work together as a team.

## Social Awareness Program:

The Social Awareness Program (SAP) builds greater understanding of social issues and how they impact perceptions of our selves, others and the world. The Social Awareness curriculum primarily targets the outcomes: Respects human diversity & is capable of living and working in a diverse community and Forms and maintains positive relationships

Youth learn about themselves, how to appreciate those who are different from them, and develop skills for dealing with issues related to peers, families, their communities and the world.

SAP is the signature C5 social awareness and diversity curriculum and is required programming for C5. It is a series of 60- 90 minute sessions with an age-appropriate message that is presented 1-2 times each week during Camp Leadership U.

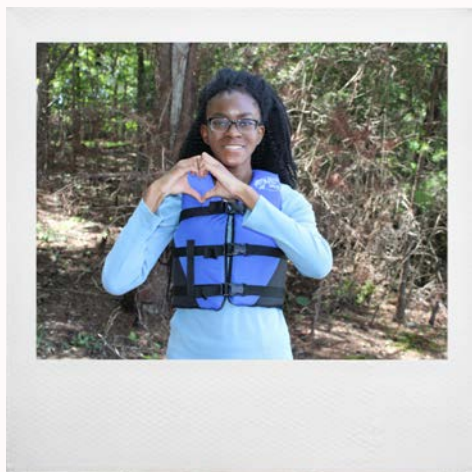
## TREK:

Youth participate in overnight wilderness “treks” during the Flint, Lantern and Hammer summer programs. Trek is designed to be a culminating activity for Camp Leadership U and the Bridges Program. In the Camp Leadership U curriculum, trek takes place in the last third of the camping period to allow campers to have a series of learning and planning experiences leading up to the actual trek. It serves as the practicum for outdoor skills, leadership skills and relationship skills developed during the summer session.

In addition to building strong community and strengthening project management skills, the sequence prepares youth for success when they travel their third summer.



# Daily Camp Schedule



Rise and Shine	7:00
Flagpole	7:45
Breakfast	8:00
Leadership University	9:00
Activity Block A	9:45
Activity Block B	11:00
Flagpole	12:15
Lunch	12:30
Siesta	1:15
Individual Choice	2:15
Snack/Meeting under the tree	3:15
Activity Block C	4:00
Activity Block D	5:00
Flagpole	6:15
Dinner	6:30
Evening Program	7:45
Cabin Insight	9:00
Lights Out	10:30

## Field Trips

Part of the C5 Summer experience includes occasional trips off the mountain. We believe this external enrichment allows for an opportunity to understand the local community, serve those in need, and to gain a real college campus experience.

### Flint Field Trips

Service Learning Day  
Berry College Tours

### Lantern Field Trips

Service Learning Day  
Community Treasure Hunt  
Local College Tours

### Hammer Field Trips

Local College Tours



## Meals at Camp

Most meals are served in the dining hall; however, while on TREK students will cook their own meals. We do our best to serve nutritious, well-balanced, and appetizing meals that accommodate everyone at camp. To help us achieve the best food quality possible this summer, please notify us of any special dietary needs you have via CampDoc.

## CampDoc

Registration, health forms and emergency contact information are completed through a system called CampDoc. Here you will enter all relevant information including allergies, dietary needs, medications and external contact information. You will also be able to upload any certificates affiliated with your position at camp.

CampDoc invites are sent directly from the platform to your email. Physicals are required for participation, so be sure to have your physician complete the form and sign off.

## Communication

### Mail

Your friends and family can write letters, and send packages to Camp Adahi. Mail is checked and goes out daily. Care packages are welcome, but please note, all packages are opened in our camp office, where snacks and candy will be stored. Please do NOT send gum, as it cannot be consumed at camp.

### Email

If you prefer a faster method, you can send letters via email to [campermail@c5georgia.org](mailto:campermail@c5georgia.org). These letters are printed daily and will be distributed during snack with other mail.

### CampGrams

In CampDoc, you have the choice to send paid letters via the platform. This is optional as there is a nominal fee per message.

## Camp Safety And Security

Students are supervised at all times of the day. With the exception of restroom and shower use, a minimum of one adult plus two other individuals must be present with a student at all times. We call this the Rule of Three. At no time are students allowed to meander around camp unsupervised.

We are a closed campus, meaning our security gates remained locked throughout the day and all vendors and visitors are allowed on a pre-scheduled basis. Parent, and family visits are not allowed, for security reasons - with the exception of the first and last days of the session.

Camp Adahi has a full time ranger who lives nearby, and the local sheriff's office and fire department have a close relationship with our organization.

All staff and members working with students undergo a substance screening, thorough background check, and extensive training prior to working with students.

# Health and Wellness

C5 Georgia employs a full time, on site Health Supervisor who is responsible for 1) daily medication distribution, 2) moderate to severe illness recovery, and 3) opening day health screenings.

It is important that you indicate all health concerns and medications in CampDoc. This is important for our health staff to be aware of how we will best care for your student.

All health records are maintained through CampDoc, and you will be informed here by email if your student needs to see the Health Supervisor for anything more severe than basic first Aid. If a student needs to be taken to the urgent care, or ER, the primary contact will be called immediately, then, the secondary, then, the emergency contact if the aforementioned cannot be reached

## Opening and Closing Day

Families will have two options on opening and closing days:

### Opening Day

Option 1 - Bring your student to the C5 Georgia office on June 5th at 8:30AM, where a bus will transport them to Camp Adahi

Option 2 - Bring your student directly to Camp Adahi (All visitors must stay inside the vehicle at all times.)

### Closing Day

Option 1 - Pick up your student from the C5 Georgia office on July 2nd, 1:00PM

Option 2 - Pick up your student from Camp Adahi

### HOW TO FIND US FROM I-75 N:

Take Exit 306, Hwy. 140 (Adairsville) toward Summerville. Pick up 27 North in Armuchee to Summerville and continue on 48 West through Menlo to Cloudland. Turn right onto Hwy. 157. Camp Adahi will be on the left, approx. 11 miles.

**As a reminder - parent and family visits are NOT permitted for any reason during the session. There are NO exceptions as this policy keeps our campers and staff safe.**



# CAMP LEADERSHIP UNIVERSITY PACKING LIST

C5 Georgia Camp is the greatest place on earth. Bring what you have; don't purchase new clothes for camp. Camp is a great spot for those old, comfortable clothes. You will often find yourself sitting on the ground so bring only those items that can get dirty. Please put your name on everything in permanent marker. This is essential when it comes to sorting laundry. You are responsible for what you bring. **C5 Georgia WILL NOT be responsible for lost belongings or damaged items. We reserve the right to search through each camper's bags upon arrival to camp and anytime throughout the summer. C5 will ask students to change if clothing is deemed inappropriate for the environment or activity.**

## THINGS TO BRING...

Please remember that we are in the Georgia mountains. Days can be hot and/or rainy in the mornings and chilly in the evenings, so pack a combination of cool and warm clothes. If you do not have some of the items on the list below and will have trouble obtaining them prior to summer, please let us know. Dress code policy applicable to all genders.

- |   |   |
|---|---|
| <input type="checkbox"/> 1-2 pairs of pajamas or sleeping attire  | <input type="checkbox"/> 2 sweaters/sweatshirts   |
| <input type="checkbox"/> 4-6 pairs of shorts (Must be at least mid-thigh)   | <input type="checkbox"/> 1 rain jacket and/or umbrella  |
| <input type="checkbox"/> 4-6 short sleeved shirts (shirts revealing more than 1/3 of shoulders may not be worn)                     | <input type="checkbox"/> 2 hats or caps   |
| <input type="checkbox"/> 2-3 long sleeved shirts  | <input type="checkbox"/> Musical instrument (if you like)   |
| <input type="checkbox"/> 2 bathing suits (full torso and bottom must be covered – open-back swimsuits must not scoop past mid-back) | <input type="checkbox"/> Age appropriate reading material   |
| <input type="checkbox"/> 7-12 pairs of underwear  | <input type="checkbox"/> Sleeping bag (if you have one, if not, extra blanket)  |
| <input type="checkbox"/> 7-12 pairs of socks  | <input type="checkbox"/> Flashlight/Headlamp with extra batteries   |
| <input type="checkbox"/> 2 light jackets/ windbreakers  | <input type="checkbox"/> Bug repellent/Sun screen   |
| <input type="checkbox"/> 2 sets TWIN sheets, pillow, blanket  | <input type="checkbox"/> Baby wipes (for wilderness adventures)   |
| <input type="checkbox"/> 2 towels, 2 washcloths, 1 beach towel  | <input type="checkbox"/> Pens/pencils   |
| <input type="checkbox"/> Camera (priced appropriately for outdoor activities)   | <input type="checkbox"/> 10 Stamped Envelopes with paper  |
| <input type="checkbox"/> 1 pair of hiking boots (if you have them)  | <input type="checkbox"/> 1 book bag   |
| <input type="checkbox"/> 1-2 pair of sneakers/tennis shoes  | <input type="checkbox"/> 2 nice outfits (to be worn the last night of camp and at formal dinner)  |
| <input type="checkbox"/> 1 pair of water shoes (crocs, mesh shoes)  | <input type="checkbox"/> Collapsible hamper or laundry bag, laundry supplies (washers and dryers on site, detergent available)                              |
| <input type="checkbox"/> 1 pair of shower shoes (flip flops)  | <input type="checkbox"/> Toiletries (toothbrush, toothpaste, comb, brush, deodorant, soap, shampoo, lotion, etc. *unscented products reduce bug attraction) |
| <input type="checkbox"/> 1-3 pairs of long pants (jeans)  | <input type="checkbox"/> Medications (prescription only in the original container with current date; extra inhaler if used)                                 |
| <input type="checkbox"/> 2 plain white t-shirts for dyeing  | * Staff residing with campers will be required to turn medications in to the medical staff.   |

## HOW TO PACK...

Although there is a lot of *stuff* to bring, try to pack lightly as you will be responsible for your own bags. If you have any questions or comments regarding these items, please do not hesitate to contact the camp directors. Furthermore, if you do not have all the above items or may have trouble obtaining them, let someone on the camp staff know.

## LEAVE IT AT HOME...

- **Aerosol cans, equipment requiring combustibles (lighters, model gas motors)**
- **Electronic equipment (iPods, laptops, expensive cameras, cell phones, etc)**
- **Matches, candles, food, candy or gum**
- **Sheath knives, axes, weapons of any kinds**
- **Clothing with profanity, offensive symbols, drug, alcohol, or political references**

We have a zero-tolerance policy related to drugs, tobacco, and alcohol. As mentioned in the rules and policies section, no smoking or possession of any tobacco or alcohol products or any controlled substance will be tolerated at any time by any camper or staff member. Violating this policy is subject to immediate dismissal from the entire program.



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We look forward to a rewarding experience for you and your family over the next 5 years.

If you have specific questions not answered in this information packet, you can contact us via email at [info@c5georgia.org](mailto:info@c5georgia.org).

You can email your student at [campermail@c5georgia.org](mailto:campermail@c5georgia.org)

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