



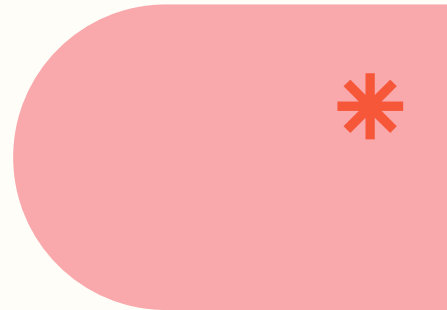
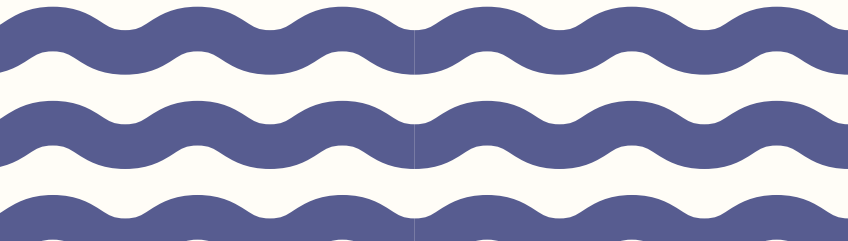
# Spreading Positivity Through Art

Medallion Project by:  
Joanna Cornelio-Juarez




01

# Project Objective






# Hopes for Project



My hope for this project was to make someone's day better. According to **Stein**, "One person's happiness can affect another's for as much as a year, the researchers found, and while unhappiness can also spread from person to person, the 'infectiousness' of that emotion appears far weaker." **In today's society, the world is full of negativity, and we begin to forget the small pieces of humanity that connect all of us, so I wanted to remind others of a simple message...**







# Plans for Project

I planned to incorporate art and volunteer work around my community for this project. I handmade the prints from a stamp I created and wrote unique affirmations on the back of each print so others would have an individual positive message they could keep. I found that this was a great way to share my passion and positivity with others. By sharing these, I was able to brighten someone's day. I partnered with Halijah, a friend who interns at County Gardens Lanier, a retirement home, and we gave out these prints to all elders living there.





I'm proud of  
you!  
-joanna cj ☺

You are  
enough!  
-joanna cj ☺

I'm grateful for  
you!  
-joanna cj ☺

You are caring!  
-joanna cj ☺

You're valuable!  
-joanna cj ☺

You're special!  
-joanna cj ☺

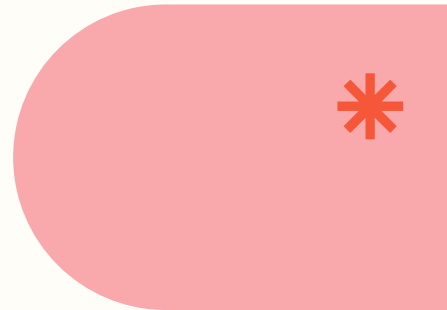
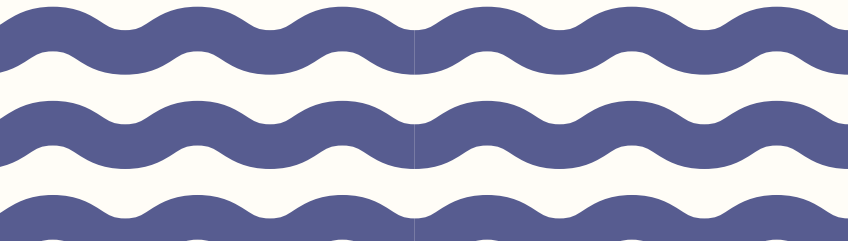






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# Plan Modifications







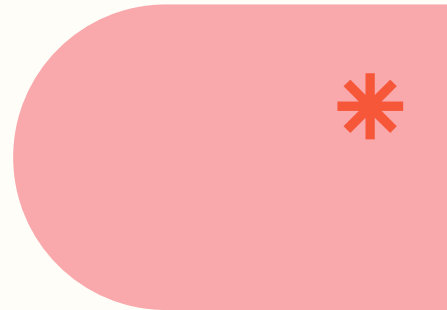
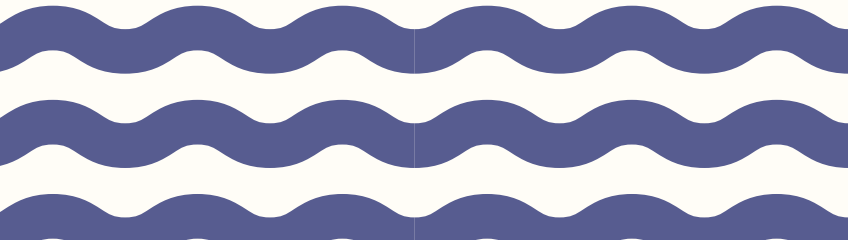
At first, I wanted to spread mental health awareness to others through these prints by putting mental health hotline numbers on the back. However, I felt that this wouldn't send my positive message as effectively, so I changed it to be more of a positive notion. Another modification was the messaging on the back; I originally wanted a short typed-up paragraph full of positive affirmations. However, I was reminded that the elders wouldn't easily read this, so I wrote them in big letters. This was to also add a personal touch to all of these prints.





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# Community Served





## Directly Served

The elderly were directly served; however, this project is still ongoing and will be served to other members of my community.

## Indirectly Served

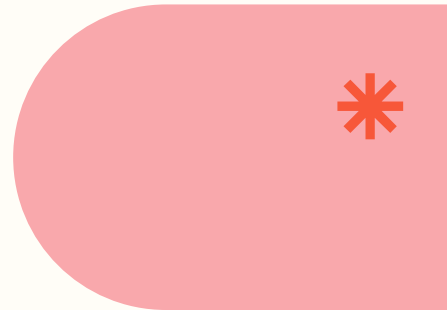
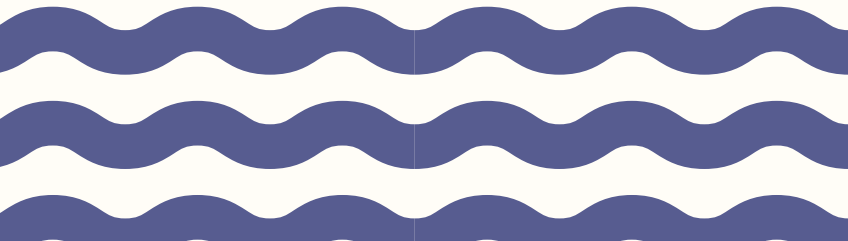


During this project, I indirectly served my peers who supported me through this process.



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# Project Plans





# Setting Up

When setting up, I had to create an idea of how I wanted to incorporate both art and volunteering. When I finally had my idea, I had to carve the design out, which took a while. Then, I went through the printing process of all these individual cards, starting with rolling ink onto a plate and stamping the stamp onto the paper, ensuring a nice, even coat.

I contacted Halijah, the intern, to ensure that this project was accessible to the elders and obtained permission from Teresa Sheets, the Life Enrichment Director at County Gardens Lanier.



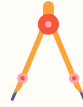


# Timeline



**Created Idea**

*March 11th, 2024*



**Designed**

*March 13th, 2024*



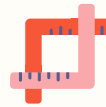
**Contacted**

*March 18th, 2024*



**Printing**

*March 20th, 2024*



**Messages**

*March 22nd, 2024*



**Volunteered**

*March 29th, 2024*





# Items Used

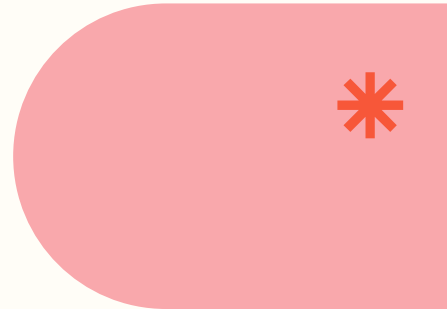
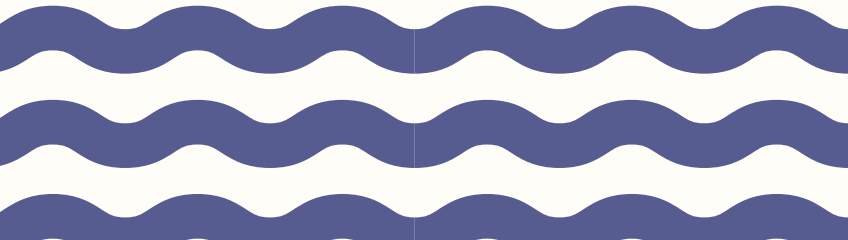
- ★ **Unmounted Linoleum Block**
  - The Stamp Itself
- ★ **Speedball Carver**
- ★ **Speedball Roller**
  - Apply Ink onto the Stamp
- ★ **Blick Block Printing Ink**
- ★ **Colorful Cardstock Paper**
- ★ **Markers**
  - Write down Personalized Messages





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# Project Budget





# Expenses / Donations

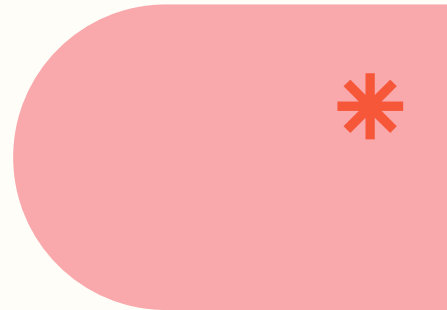
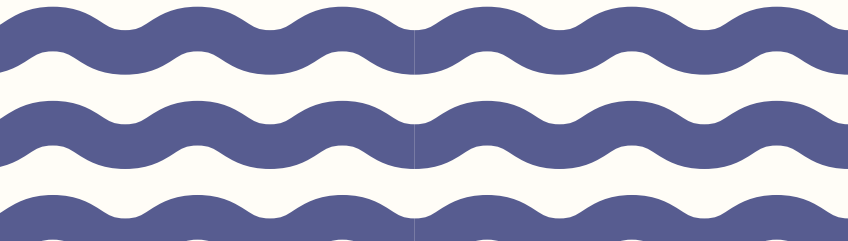
<i>Linoleum Block</i>	<i>Speedball Carver</i>	<i>Speedball Roller</i>	<i>Printing Ink</i>	<i>Markers</i>	<i>Cardstock Paper</i>
Donated	Donated	Donated	Donated	Donated	\$28.43
				Total Expenses:	\$28.43

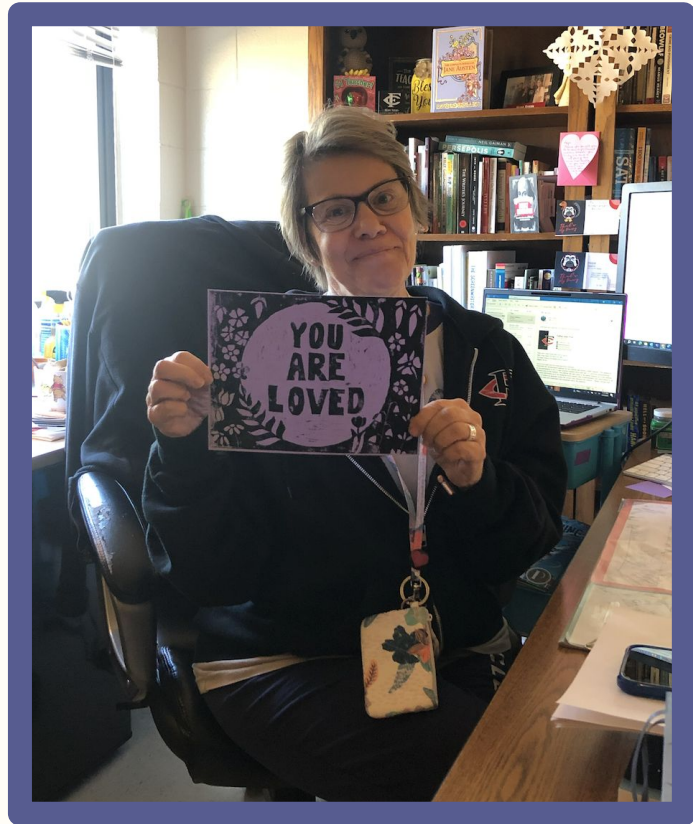




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# Project Impact

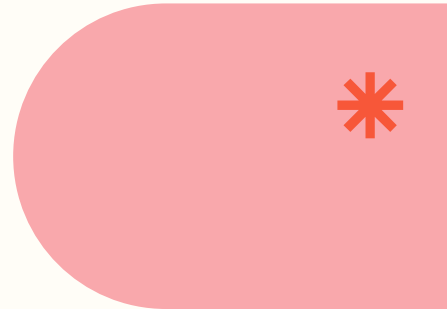
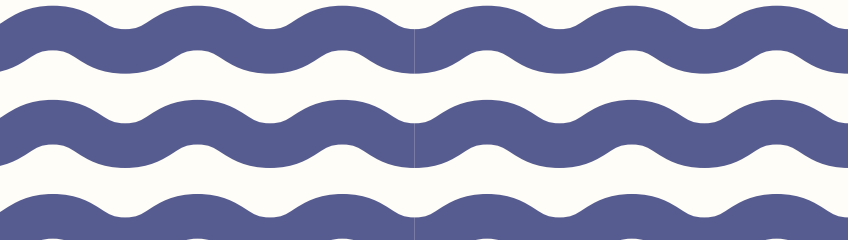






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# Personal Impact





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# Questions?



**Thank You!**